# North Yorkshire Health and Well-being Board

# Minutes of the meeting held on Wednesday 3 June 2015 at 3.00 pam at The Spa Complex, Scarborough

# Present:-

Board Members	Constituent Organisation
Elected Members	
County Councillor Clare Wood	North Yorkshire County Council
(Chairman)	Portfolio Holder for Health and Adult Services
County Councillor David Chance	North Yorkshire County Council
	Portfolio Holder for Public Health and Area Committees
Local Authority Officers	
Local Authority Officers	
Richard Flinton	North Yorkshire County Council
	Chief Executive
Richard Webb	North Yorkshire County Council
	Corporate Director – Health & Adult Services
Dr Lincoln Sargeant	Director of Public Health North Yorkshire
Carolyn Bird (unnamed	North Yorkshire County Council
substitute)	Assistant Director - Children and Young People's
	Service
Janet Waggott	Chief Officer District Council
	Chief Executive – Ryedale District Council
Clinical Commissioning Groups	
Dr Vicky Pleydell	Hambleton, Richmondshire and Whitby CCG
Simon Cox	Scarborough & Ryedale CCG
Dr Mark Hayes	Vale of York CCG
Other Members	
Alex Bird	Voluntary Sector (North Yorkshire and York Forum)
Sir Michael Carlisle	North Yorkshire Healthwatch
	Chairman
Adele Coulthard (substitute)	Mental Health Representative
	Tees Esk & Wear Valleys NHS Foundation Trust
Julie Warren	NHS England NY & Humber Area Team

#### In Attendance:-

North Yorkshire County Council officers: Wendy Balmain, Kathy Clark and Elaine Wyllie (NYCC Health & Adult Services), Jane Wilkinson (NYCC Legal & Democratic Services) Henry Cheung (Business Support).

County Councillor: John Clarke
David Ita – North Yorkshire Healthwatch
Janet Probert – Director of Partnerships Commissioning Unit
Mike Proctor – Deputy Chief Executive – York Teaching Hospital NHS Foundation Trust

1 Member of the public

#### Copies of all documents considered are in the Minute Book

Chairman's announcement: The Chairman reported changes in elected member representation and thanked retiring Board members for their contribution and commitment.

#### 100. Apologies for absence

Apologies for absence were submitted by Pete Dwyer (North Yorkshire County Council), Councillor Janet Sanderson (Executive Member for Children's Services North Yorkshire County Council), Councillor Foster (District Council Leader), Amanda Bloor (Harrogate & Rural District CCG), Dr Colin Renwick (Airedale Wharfedale & Craven CCG) Martin Barkley (Mental Health Trusts) and Patrick Crowley (Acute Hospitals).

#### 101. Minutes

#### Resolved-

That the Minutes of the meeting held on the 13 February 2015 be approved as an accurate record.

#### 102. Public Questions or Statements

There were no questions or statements from the public.

#### 103. Governance and Development

Considered -

The report of NYCC Corporate Director - Health and Adult providing an update on progress made by the Board regarding the introduction of changes to its governance arrangements following a review in November 2014.

The report described reporting arrangements and relationships between the Board and the newly established North Yorkshire Delivery Board and Commissioner Forum.

Appended to the report was a copy of the 'ground rules' as suggested by Board Members at the first informal development session held on 25 March 2015. The outcome of the development session was also summarised in the report.

In response to a suggestion by a Member, the Board agreed to amend the final paragraph of the 'Ground Rules' to read as follows:

"We believe that we should continually strive to develop and improve and wear our team badge – Team North Yorkshire with pride".

The Chairman made reference to the significant progress that had been achieved and thanked Board Members for their cooperation.

#### Resolved -

- 1. That the progress achieved to date be noted.
- 2. That a further Health & Wellbeing Board development session be held on the morning of 26th October 2015.
- 3. That any suggestions and ideas for the content of the October Development session be forwarded to Wendy Balmain (NYCC Assistant Director Integration Partnerships & Commissioning).
- 4. That the ground rules attached at annexe 2 of the report be approved as amended above and be adopted by the Board.

# 104. Draft Mental Health Strategy

Considered -

The joint report of the Director of the Partnership Commissioning Unit and the NYCC Assistant Director of Commissioning seeking comments from the Board on an initial draft of a proposed new mental health strategy for North Yorkshire. A copy of the draft strategy was appended to the report.

It was emphasised that the draft strategy was still at a very early stage and that its content was based on feedback received from users, carers, staff and voluntary groups. The feedback had been used to identify three key areas on which to focus opportunities to improve mental health for North Yorkshire residents. Wider consultation was proposed with the public and partners over the course of the summer with a view to a final draft being referred back to the Board in the Autumn.

Board Members expressed support for the key elements of the draft strategy and made the following comments and suggestions about how the strategy could be further improved:-

- That the draft strategy had clear links to work being done on the ground
- That whilst the resources available for provision of mental health services had improved there was still room for further advancement and this should be reflected in the final strategy
- The inclusion of an appropriate quotation on the title page would be beneficial
- That the contribution of the voluntary sector was dependent upon funding streams being sustained many of which were vulnerable. CCGs sometimes had a tendency to work in isolation which made it difficult for the Voluntary Sector to influence CCG priorities and access external funding.

- Questioned whether it should be called 'mental health strategy' on account of the stigma attached to mental health
- Highlighted the need for parity in the commissioning of adult and children's mental health services and suggested that specialist services be cocommissioned in future
- That the public health team would contribute to implementation by raising awareness through public campaigns
- Suggested that the Board focus on 1 or 2 prevention themes such as emotional wellbeing and resilience and redesign services with a view to reducing the number of referrals to mental health services.
- Stressed the need for delivery to be made available locally and for the workforce generally to be able to address mental health issues
- That a performance framework was needed in order to measure and monitor performance effectively
- Favoured a suggested title for the final strategy of "one in four"

Janet Probert thanked Board members for their comments and acknowledged the need for performance monitoring. The Board noted that a writing group that included in its membership a range of partners was in place to further develop the strategy document and would incorporate the comments made by Members that day.

Board Members consented to being contacted on an individual basis outside of the meeting to discuss how they were able to contribute to implementation of the strategy.

#### Resolved -

- That the draft mental health strategy as appended to the report is endorsed by the Health and Wellbeing Board.
- 2. That following consideration of the final draft of the Mental Health Strategy by the writing group further consultation is undertaken.
- 3. That following consultation the final Mental Health Strategy is referred to the Board, for approval in September 2015.

#### 105. Joint Health & Wellbeing Strategy

#### Considered -

The report of the NYCC Corporate Director Health & Adult Services seeking the Board's approval to take the draft updated strategy (copy appended to the report) out to consultation with a view to a final draft being referred back to the Board in September 2015.

At its meeting in July 2014 the Board had established a task and finish group to update the strategy and to reflect the progress made since the first strategy was produced in 2013.

The draft strategy was based around four themes and was designed to help people make the right choices to live a healthy lifestyle with a view to building personal resilience and reducing the burden of ill health in communities across the county.

In presenting the report Wendy Balmain highlighted the significant collaboration that had taken place between partners to reach the current stage in the development of the strategy. She welcomed any suggestions Members had for a title for the strategy

and their feedback on whether it was 'brave and bold enough' as well as their thoughts on how to measure progress.

Members commented as follows:-

- The draft strategy was linked to a number of other strategies key priorities should be identified and progress should be measured against implementation of them
- That under theme 4 'Age Well' transport should be listed as one of the enablers under the 'workforce' heading
- Suggested the outcome under theme 3 'Live well' be amended. The draft strategy stated that people would be free of isolation and loneliness - this was unrealistic and the target would be better if it said that levels of isolation and loneliness would be reduced. Members debated the suggested outcome and agreed that perhaps it would be best to stick to the original wording as it would be difficult to quantify and measure reduced levels of isolation and loneliness
- Under the heading "Getting the whole system working better workforce" care homes and nursing homes should not be referred to separately
- Questioned whether the draft strategy covered new models of care and whether the Board should challenge the Government to provide support

Wendy Balmain sought approval to go out to wider consultation after having taken on board the comments made by members during the meeting. Members said they would appreciate early sight of the final draft and supported the draft being released for consultation.

#### Resolved -

- 1. That the updated draft Joint Health & Wellbeing Strategy is endorsed by the Health & Wellbeing Board and that the task and finish group be requested to produce a final draft strategy.
- 2. That the proposed timetable for consultation and feedback is noted and approved and that the final draft Joint Health & Wellbeing Strategy is referred to the September meeting of the Board.

## 106. North Yorkshire Tobacco Control Strategy 2015/2025

Considered -

The report of the Director of Public Health for North Yorkshire requesting the Health and Wellbeing Board to sign up to the North Yorkshire Tobacco Control Strategy 2015-2025.

In speaking to the report Dr Lincoln Sargeant said that smoking remained the biggest preventable cause of ill health and early death in North Yorkshire. He summarised the aims, principles and priority areas of the Strategy designed to support delivery of the vision: 'To inspire a smoke free generation in North Yorkshire'.

In response Members commented as follows:

 That the Strategy needed to reflect different smoking levels on a locality basis and differences in the level of resources available as the pattern was not consistent across the county

- That collectively partner organisations employed a large workforce, many of whom smoked and that employers needed to do more to encourage their employees to stop smoking
- That the military population at Catterick Garrison had a history of high prevalence rates of smoking and more work needed to be done with this group

In response Dr Sargeant said that the implementation plan under development would identify and target specific groups.

#### Resolved -

- 1. That the priority areas identified in the updated Tobacco Control Strategy 2015/25 are approved.
- 2. That Health and Wellbeing Board members agree to commit their organisations as signatories to the Strategy.
- 3. That the final Strategy and implementation plan is referred to the Health and Wellbeing Board with a view to launching the Strategy in October 2015.

# 107. Terms of Reference - Commissioner Forum & North Yorkshire Delivery Board

#### Considered -

The Committee received for information and approval the terms of reference for the:-

- Commissioner Forum
- North Yorkshire Delivery Board

Members endorsed the proposed terms of reference and accepted that the links between the Board, the Commissioner Forum and the North Yorkshire Delivery Board needed to be closer.

# Resolved -

1. That the terms of reference for the North Yorkshire Commissioner Forum and North Yorkshire Delivery Board as appended to the report be approved.

#### 108. North Yorkshire Delivery Board

#### Considered -

The Committee received for information the draft notes of the meeting of the North Yorkshire Delivery Board held on 9 April 2015.

#### Resolved -

That the notes of the meeting of the North Yorkshire Delivery Board held on 9 April 2015 be noted.

# 109. Forward Work Plan/Work Programme

Considered -

Members were invited to comment upon and approve the content of the Board's future work programme.

Members were reminded that the July meeting had been cancelled and that the venue for the September meeting was Skipton. Members' attention was also drawn to the further Development Session, they had agreed earlier in the meeting. It was proposed that the venue for the Development session on 26 October would be the Evolution Centre in Northallerton; and the theme of the event 'integration'.

Members endorsed the new format of agenda papers.

#### Resolved -

That the Forward Plan is noted and approved and decisions made during the meeting and recorded in the Minutes incorporated.

The meeting concluded at 4.00pm

JW